



E2: My Daily Routine & Hobbies

Learning resources

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Vocabulary

A vocabulary list for the episode can be found at the following link.

<https://quizlet.com/98098366/e2-my-daily-routine-hobbies-flash-cards/>

Note: If vocab on the Quizlet list is too easy or difficult, "copy" the list to your personal Quizlet account (free), and delete what you don't want/need.

Practice the vocab on Quizlet, first using the flash cards with audio, both sides, then "shuffling" the cards and starting with the English side, then "shuffling" again and start with the English/picture side. Playing some games, "scatter", do the "learn" activity and "test."

True or false?

True or False?

Directions: Decide if the statement is true or false; if it's false, correct it.

1. ____ Nina likes to exercise.
2. ____ She doesn't like coffee.



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- 3. ____ She plays the violin in three bands.
- 4. ____ She lives downtown.
- 5. ____ She likes spending time outside.
- 6. ____ She does her laundry during the week.
- 7. ____ She teaches in a high school.
- 8. ____ She eats healthy foods.
- 9. ____ You can learn how to make a smoothie in another episode.
- 10. ____ Tom and Nina do the grocery shopping together.

Grammar explanations & exercises

Basic grammar

Directions: Read the short grammar explanation and example(s). Then, find examples of the same grammar structure in the transcript!

- 1. **The present tense:** used to describe daily or habitual activities
ex: Every day I go to work; I eat breakfast

Intermediate & advanced grammar

- 1. **The future tense:** formed with will + the infinitive; used to describe future events or habitual/daily activities; "I will" contracts to **I'll**
ex: For lunch I'll usually eat a salad.

- 2. **The gerund** is the *-ing* form of the verb; it can be used with another verb or as a subject
ex: Reading is fun; I like singing



Cloze Passage Activities

Basic Cloze Passage

Hello everyone and welcome to Learn Languages With Nina. My _____ is Nina and today I'm going to talk about my daily routine.

During the _____ I usually wake up at about 7:30. First, I do some stretching exercises and some yoga. I also occasionally lift some weights. After that, I need my _____. I love drinking coffee in the morning! For _____, I usually prepare a smoothie that's made with very nutritious ingredients. And it's delicious! I'll show you how to _____ that in another episode.

After that, I practice the violin. I love _____ and I love playing music! I play with two groups. The first one is called Celtic Jam and we play traditional Irish and Celtic music. The other band is called the Fumbling Tumbleweeds and you can imagine why we chose that name! In that band, we play western swing and it's a lot of _____!

So to continue with my routine...

After I practice for about 20 or 30 minutes, I take a _____, I get dressed, I brush my teeth and then it's time to head out to _____. I teach English as a Second Language and French at the local university.

I usually get home at around 5:00 after teaching my _____. And then I spend some time on the Internet. I read my emails, I look at Facebook and I also read the news. When my partner Tom comes home, we'll usually have _____ at around 7:00. We'll usually have chicken or _____ and we eat loads of vegetables. We like to eat nutritious foods. We love spinach in particular - cooked or raw!

After dinner we really enjoy taking a _____. We live in a lovely neighborhood that has lots of trees and not too many _____, so it's great for walking. After that, when we get home, we usually watch a little TV or a movie. We usually go to bed between 10:30 and 11.

My weekends of course are much _____ and much more relaxing. I wake up later and it's a slower rhythm. In the morning I'll usually do some



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household chores. I'll do some cleaning, straightening up my things and do some laundry. In the _____ we usually go shopping for our groceries for the week. And then, after that, if we have time we like to go for a walk along the river. It's really lovely! In the spring and summer, we enjoy working in the _____. There is always work to be done in the garden! In the evenings, we often get together with friends to play music or we go out to hear live music. Where we live, there are loads of great bands. We also have many famous concert halls, which attract well-known acts.

So now you know a little bit about my daily routine. What about yours? What is your daily routine like?

Thanks everyone and see you next time!

Advanced Cloze Passage

Hello everyone and _____ to Learn Languages With Nina. My name is Nina and today I'm going to talk about my daily routine.

During the week I usually wake up at about 7:30. First, I do some stretching exercises and some yoga. I also occasionally lift some _____. After that, I need my coffee. I love drinking coffee in the morning! For breakfast, I usually prepare a smoothie that's made with very nutritious _____. And it's delicious! I'll show you how to make that in another episode.

After that, I practice the violin. I love music and I love playing music! I play with two groups. The first one is called Celtic Jam and we play _____ Irish and Celtic music. The other band is called the Fumbling Tumbleweeds and you can imagine why we chose that name! In that band, we play _____ swing and it's a lot of fun!

So to continue with my routine...

After I practice for about 20 or 30 minutes, I take a shower, I get dressed, I brush my teeth and then it's time to _____ to work. I teach English as a Second Language and French at the local university.

I usually get home at around 5:00 after teaching my classes. And then I spend some time on the Internet. I read my emails, I look at Facebook and I also read the news. When my _____ Tom comes home, we'll usually have dinner at around 7:00. We'll usually have chicken or fish and we eat loads of vegetables. We



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like to eat nutritious foods. We love _____ in particular - cooked or raw!

After dinner we really enjoy taking a walk. We live in a lovely _____ that has lots of trees and not too many cars, so it's great for walking. After that, when we get home, we usually watch a little TV or a movie. We usually go to bed between 10:30 and 11.

My weekends of course are much different and much more relaxing. I wake up later and it's a slower rhythm. In the morning I'll usually do some household chores. I'll do some cleaning, _____ up my things and do some laundry. In the afternoon we usually go shopping for our _____ for the week. And then, after that, if we have time we like to go for a walk along the river. It's really lovely! In the spring and summer, we enjoy working in the garden. There is always work to be done in the garden! In the evenings, we often get _____ with friends to play music or we go out to hear _____ music. Where we live, there are loads of great bands. We also have many famous concert halls, which attract _____ acts.

So now you know a little bit about my daily routine. What about yours? What is your daily routine like?

Thanks everyone and see you next time!

Answer Key

Grammar explanations & exercises

Basic grammar

2. The present tense:

ex: Every day I go to work; I eat breakfast

I wake up

I do I need

I love

I lift

I prepare

I practice

we play

I brush

I teach

... (there are many more examples!)



Intermediate & advanced grammar

1. The future tense:

ex: For lunch I'll usually eat a salad.

I'll show you (*used as the future tense*)

I'll usually do (*used to describe a habitual action*)

2. The gerund

ex: Reading is fun; I like singing

drinking

playing

fumbling

walking

working

True or False?

Directions: Decide if the statement is true or false; if it's false, correct it.

1. ____ Nina likes to exercise. *True - she likes to do yoga and lift weights*
2. ____ She doesn't like coffee. *False - she needs her coffee in the morning*
3. ____ She plays the violin in three bands. *False - she plays in two bands*
4. ____ She lives downtown. *False - she lives in a neighborhood*
5. ____ She likes spending time outside. *True - she likes to go for walks and do gardening*
6. ____ She does her laundry during the week. *False - she does it on the weekends*
7. ____ She teaches in a high school. *False - she teaches in a university*
8. ____ She eats healthy foods. *True - she eats nutritious (healthy) food*
9. ____ You can learn how to make a smoothie in another episode. *True!*
10. ____ Tom and Nina do the grocery shopping together. *True*

Transcript

Hello everyone and welcome to Learn Languages With Nina. My name is Nina and today I'm going to talk about my daily routine.

During the week I usually wake up at about 7:30. First, I do some stretching exercises and some yoga. I also occasionally lift some weights. After that, I need my



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coffee. I love drinking coffee in the morning! For breakfast, I usually prepare a smoothie that's made with very nutritious ingredients. And it's delicious! I'll show you how to make that in another episode.

After that, I practice the violin. I love music and I love playing music! I play with two groups. The first one is called Celtic Jam and we play traditional Irish and Celtic music. The other band is called the Fumbling Tumbleweeds and you can imagine why we chose that name! In that band, we play western swing and it's a lot of fun!

So to continue with my routine...

After I practice for about 20 or 30 minutes, I take a shower, I get dressed, I brush my teeth and then it's time to head out to work. I teach English as a Second Language and French at the local university.

I usually get home at around 5:00 after teaching my classes. And then I spend some time on the Internet. I read my emails, I look at Facebook and I also read the news. When my partner Tom comes home, we'll usually have dinner at around 7:00. We'll usually have chicken or fish and we eat loads of vegetables. We like to eat nutritious foods. We love spinach in particular - cooked or raw!

After dinner we really enjoy taking a walk. We live in a lovely neighborhood that has lots of trees and not too many cars, so it's great for walking. After that, when we get home, we usually watch a little TV or a movie. We usually go to bed between 10:30 and 11.

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Ideas for teachers

Possible lesson plan

1. Show students the episode (with subtitles if necessary.)
2. Present vocabulary using [Quizlet](#); then, work as a class or students in pairs (if they have tablets or laptops.) You can also print the PDF of the vocab list (choose "small" and deselect "alphabetize" if you want the vocab in the order as on [Quizlet](#).), photocopy and have students fold the page over to quiz each other.
3. Show the episode again and have students do the *cloze passage* relevant to their level (no subtitles.) Check together.
4. Go through the *Grammar explanations and activities* relevant to the class. Pick and choose what you know they've done, and have them find examples. If time is short, have different groups of students do different grammar points. Students share/check together.
5. Have students do true/false activity in pairs. Check together.

Other ideas:

Assign some of the above activities for homework.

Ideas for independent learners

Complete beginners:

If you have never taken English before and would like to learn, I would recommend signing up for lessons, either online (I offer Skype lessons!) or in your local community. Doing this along with the program will get you learning fast!

1. Watch the episode and follow along with the English subtitles.
2. Practice the vocab on Quizlet, as described above.
3. Repeat step 1.
4. Read through the *Basic grammar* explanations. Find more examples in the transcript. Check your answers in the *Answer Key*.
5. Watch the episode again and pause and refer to the grammar explanations as you go. Repeat as many times as necessary.
6. Then, with no subtitles, do the *basic cloze passage* activity for beginners (below.) Listen and fill in the English words as best you can. Check your answers with the *transcript*
7. Do the *True/false activity*; then check your answers in the *Answer Key*.

False beginners: If you studied a couple of years of high school ESL, 10 years ago, for example, you fall into a category we call "false beginners." To best use the program, I would recommend signing up for lessons (I offer Skype lessons!) to



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supplement what you'll get out of the program. However, just watching and cooking along with me will also help you regain what you've forgotten and learn more. Please see the strategies above (1-7) to make the most out of each episode.

Intermediate learners: You know quite a bit of grammar and vocabulary, but you may have trouble putting it all together, both in speaking and writing. You may also have trouble understanding spoken English.

1. Use the same strategies 1-5 as outlined above. Pay attention to both the basic grammar points and intermediate and advanced ones, and find examples for both sections. Check your answers with the Answer Key.
2. Then, try the advanced cloze passage activity. Listen with no subtitles and fill in the English words as best you can. Check your answers with the *transcript*.
3. Do the True/false activity; then check your answers.
4. Then, watch the episode with English subtitles. Repeat this until you can simply listen and understand (without the subtitles!)

Advanced learners: You can converse, read and write fairly easily. You have the basic grammar down, and you can recall vocab, on a wide range of topics, easily. You are able to put the language together so that it's comprehensible.

1. Watch the episode with no subtitles the first time to see how much you can understand on your own.
2. Watch again with the English subtitles to get anything you may have missed.
3. Practice the vocab on Quizlet, as described above.
4. Read through the *Intermediate and advanced grammar*, do the activity and check your answers in the Answer Key.
5. Then, try the advanced cloze passage activity. Listen with no subtitles and fill in the English words as best you can. Check your answers with the *transcript*.
6. Watch the version without subtitles again without any "help."